

Living

Health Topic: Cancer Awareness and Prevention



Join Us for Horizon BCBSNJ's Wellness Webinar on Cancer Awareness and Prevention

The American Cancer Society estimates that this year, there will be 51,410 new cancer cases just in New Jersey.¹ While you can't eliminate your risk for cancer, there may be healthier lifestyle choices you can make now to help lower your risk. There are also screenings and tests that can help you identify potential health problems as early as possible. Learn about some lifestyle changes and screenings that may be right for you and your loved ones by attending Horizon Blue Cross Blue Shield of New Jersey's September Wellness Webinar, "[Cancer Awareness and Prevention](#)."

Our Wellness Webinar educational series is an important part of our commitment to serving the 3.8 million people in New Jersey who entrust us with their health care coverage. We hope you will join us.

Cancer Awareness and Prevention | September 16, 2015 | 12 to 1 p.m., ET

Register [now](#) for this webinar, hosted by Carol Zicker, RN, CDE, Horizon BCBSNJ health educator.

This session is specifically designed for our corporate group members; as such, we require that participants register with a corporate email address. Once we receive your registration, you will receive a confirmation email with instructions on how to join the webinar.

Our Wellness Webinars are for general informational purposes only. They do not substitute for the care of your doctor. Always speak with your doctor regarding questions about your health and before starting any new diet or exercise program.

If you are not able to access the registration link above, please copy and paste this address into your browser:
<https://horizon.webex.com/horizon/k2/j.php?MTID=tc0882b4450976409352ed29c07396e6f>

¹"Cancer Facts & Figures 2015," American Cancer Society. Figure excludes basal cell and squamous cell skin cancers and in situ carcinomas except urinary bladder.

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**Learn more about Horizon Wellness
 at HorizonBlue.com/HorizonWellness**